

Rules And Regulation Of Soccer

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Introduction

All the games, cricket, football, hockey, and table tennis, play a vital role in our daily routine life. In this busy life, these games play an active role in our mental and physical fitness. Soccer is an emerging game around the world, and fitness trainer suggests it to many people because of their competence. There is no huge difference between football and soccer. Soccer is the most popular game and has a long history traced back to the 16th century. Soccer is played by young children, college and school students, and also played by professionals (Morris, 2015).

History

Soccer is the most popular sport in the contemporary world. The history of this sports game can be traced back to 2, 3 BC in China, which was the time of the Han dynasty. The early history of modern soccer started in England in 1863. The rules of that time are very different from modern soccer. At that time, the use of hands and punches are allowed. The main target is to push the ball in the specific targeted area.

Overview Of Soccer

This game is useful and good for their health, and it is a favorite game of each span of life. Young teenagers and also for children they willing to play this game, but due to physical fitness, kids cannot participate in this game. Soccer is a favorite game of everyone, either male or female, boys or girls. It is also healthy for every individual and gives them excellent results. The set of soccer is enjoyable. Football is one of the most popular games in the world, especially on the European and American continents (Morris, 2015).

Like every other game, soccer has some specific rules and regulations. There is a difference of opinion between the people. In America, football is called soccer, and in England, soccer is called football this is very confusing for many people. According to FIFA, it is football, excepting the United States, soccer is called football.

Football is a game which is one of the most played games on the globe. The international bodies that regulate it are known as FIFA (Federation Internationale de Football Association). FIFA organized and managed all the international events. FIFA is an autonomous and supreme body.

Rules And Regulation Of Soccer:

There are eleven on one side and eleven on another team. Rules and regulations of football are updated and maintained by IFAB (International Football Association Board). This board consists of eight organizing members: four members from England, Northern Ireland, Wales and Scotland and four from the Federation International Football Association (FIFA), all countries that contributed to the development of soccer. Recently federation published the rules and regulations that consist of 140 pages. The laws that are set by FIFA are modified by the regional leagues and national leagues.

Laws Of The Soccer:

- The Playground Or Field Of Play:

The first and foremost important rule of soccer is that this game is played on either artificial turf or natural grass, but the color of the ground must be green. The field must be rectangular. The land must be marked by two short goal lines and two great touches lines, and the ground must be divided into two halves that are the center point for each goal. In the middle of the field, there is a ten 10-yard circle.

- Ball Or Football:

Soccer must be made up of lather and spherical. The circumference of must ranges from 27 to 28 inches. These circumferences are only used in official matches.

- The Number Of Players In Soccer:

The matches of football played between the two teams 11 players on each side. The goalkeeper is also in 11 players. If any team cannot have at least seven players at match time, the game is a forfeit. It is also applied mainly in official matches.

- The Equipment Of Players:

All the players must be in a proper kit, including shorts, jerseys, shin guards, cleats, and socks. If any player cannot fulfill these requirements, the player cannot be until they satisfy the requirements.

- The Referee

The referee is the authority on the ground, and his word is law.

- Assistant Referee:

The assistant referee assists to referee to fulfill his duties.

- The Time Duration Of The Match:

The soccer match consists of two halves; each half carries 45 45 minutes. There is the option of extra time if results do not come within the specified time of the match.

- The Start And Restart Of The Match:

The coin toss decides the starting kick; the winning team either chooses to start or not.

- The Ball In And Out Of Play:

When the ball is out when crossing the goal line or touches the line.

- The Method Scoring:

When the entire ball crosses the goal line within the frame of the goal, then the score is considered. At the end of the match, the team that has more goals score is considered the winning team, and the team that has less score is the conceder loser.

FIFA And Soccer:

FIFA was established in Paris in May 1904. In the start, Belgium and France were two international teams playing against each other, and then Germany, Denmark, Norway, Spain, Switzerland, and the Netherlands joined. It is the starting point of FIFA and the matches of soccer's playing between the international teams. Outside the Olympics in 1906, there was an attempt to take an international event of football between the different nations.

FIFA World Cup

This FIFA World Cup is the biggest event of soccer. The FIFA World Cup starts from 1930 in Uruguay. It is the start of the FIFA World Cup, and the FIFA World Cup is the world's most significant sports event. In the first FIFA World Cup, only 13 teams participated. In the current FIFA World Cup tournament, 32 teams are selected from around 200 football teams around the world. These 32 teams were picked through the two-year qualifying round for the FIFA World Cup, which is the biggest event in the sports world.

There are 21 FIFA World Cup tournaments that are contested.

The first FIFA World Cup was contested in 1930, and this was hosted by Uruguay, also, this FIFA World Cup was won by Uruguay.

The second FIFA World Cup was played in 1934 and was hosted by Italy and again won by the host

team Italy.

In 1938 third FIFA World Cup was contested and hosted by France, and this World Cup was won by Italy; it was the second time when Italy won the FIFA World Cup.

Due to the Second World War fourth FIFA World Cup is not contested on time. The fourth FIFA World Cup was played after the 12 years of the third World Cup. Brazil hosted the fourth FIFA World Cup in 1950 and won by Uruguay. It is the second time that Uruguay has won the FIFA World Cup. After the fourth FIFA World Cup, Uruguay and Italy are equal at point stable with 2 two World Cup titles.

Fifth FIFA World Cup was contested in 1954, hosted by Switzerland and won by West Germany.

Sixth FIFA World Cup was contested in 1958, hosted by Sweden, and won by Brazil.

Seventh FIFA World Cup was contested in 1962, hosted by Chile and won by Brazil.

Eight FIFA World Cup was contested in 1966 and hosted by England and won by England.

Ninth FIFA World Cup was contested in 1970, hosted by Mexico, and won by Brazil.

Tenth FIFA World Cup was contested in 1974 and hosted by West Germany and won by West Germany.

Eleventh FIFA World Cup was contested in 1978 and hosted by Argentina and won by Argentina.

Twelve FIFA World Cup was contested in 1982 and hosted by Spain and won by Italy.

Thirteen FIFA World Cup was contested in 1986 and hosted by Mexico and won by Argentina.

Fourteen FIFA World Cup was contested in 1990, hosted by Italy and won by Germany.

Fifteen FIFA World Cup was contested in 1994, hosted by the United States and won by Brazil.

Sixteen FIFA World Cup was contested in 1998 and hosted by France and won by France.

Seventeen FIFA World Cup was contested in 2002 and hosted by South Korea and Japan and won by Brazil.

Eighteen FIFA World Cup was contested in 2006 and hosted by Germany and won by Italy.

Nineteen FIFA World Cup was contested in 2010 and hosted by South Africa and won by Spain.

Twenty FIFA World Cup was contested in 2014, hosted by Brazil and won by Germany (Clemente et al., 2015).

Conclusion:

Soccer is the world most most-played game. It is perfect for your physical finances. Many people play football for physical fitness, and it is also the most enjoyable for each person. Soccer is played almost all over the world. Soccer is highly helpful for physical fitness and the economy. FIFA World Cup is the world's largest single-game event, and that plays a vital role in the economy of many nations. Soccer also plays an essential role in the interaction of the world and is also an enjoyable game. It is more like playing a game on the earth (Morris, 2015).

References

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