

Risks And Benefits Of Plastic Surgery

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Introduction

More and more young people want to have plastic surgeries to change some parts of their bodies. After all, we live in an age where things have to happen very quickly, and this becomes even more evident when we consider adolescence.

But any type of plastic surgery performed on teenagers should be looked at more carefully than when we are talking about procedures for adults. First, it is critical to understand that adolescence is a phase of transformation, and doing any kind of forced change in the body during the process may end up not bringing the desired results originally.

Experts say that not accepting the body on the part of adolescents is common since the changes end up happening very quickly. In this case, it is not so many teenagers who end up not accepting the ways their bodies are taking and trying to start a ruthless search for imaginary bodies.

This does not mean that adolescents are entirely forbidden to undergo plastic surgery; quite the opposite. But there are a number of aspects that need to be taken into account in order for such surgery to be done.

In some cases, adolescents who have characteristics that break the pattern of society and are causing behavioral disorders should be carefully evaluated for possible surgery.

Other cases that are likely to require surgery are when young people end up having physical changes resulting from body characteristics, such as back pain in large breasts or facial changes and respiratory problems due to nasal disorders.

In all cases, it is critical that parents and guardians understand and make young people understand that surgeries should be done for corrections of health problems rather than seeking to achieve an immediate effect of bodily change.

Risks And Benefits

Plastic surgery is becoming popular in Brazil. Several people are looking for doctors in this specialty of medicine to obtain aesthetic results of perfect bodies. However, experts warn that people should be aware of the risks and possible unexpected outcomes of the procedure. The word plastic comes from the Greek "plastikos," which means to shape, to form. Plastic surgery means reshaping the tissues of the human body. Plastic surgery is a medical specialty that brings together a number of procedures

for repairing defects and imperfections, congenital or acquired by illness or accident, to improve the appearance of the human body. The first step for anyone planning to undergo plastic surgery is to find a qualified surgeon. The president of the Brazilian Society of Plastic Surgery (SBPC), Luiz Carlos Garcia, advises people who are looking for a surgeon to research the specialist's curriculum.

"The patient should seek a surgeon registered with the Federal Council of Medicine and with the official title of the Brazilian Society of Plastic Surgery," he recommends. To receive the official title of SBPC, the surgeon must be trained in medicine, then do two years of residence in general surgery and three years of specialization in plastic surgery. After specialization, he takes an exam promoted by the Brazilian Society of Plastic Surgery and, if passed, receives the title of specialist in plastic surgery. "The surgeon's résumé is very important when it comes to the choice. A qualified specialist is a sign of greater safety at the time of surgery," says the president of the SBPC. Those interested in having plastic surgery can call the SBPC headquarters at (0xx11) 3826-1499 to check if the surgeon is associated with the institution and if it has the official title. Another important source for finding a good plastic surgeon is to refer friends, relatives, doctors, nurses, or specialists recommended by hospitals and health plans. (American Society of Plastic Surgeons, n.d.)

"The person can count on the help of a family doctor or recommendation from relatives, for example, to find an experienced professional," explains Luiz Carlos. Escape from miracle workers Carlos Fontana, head of the plastic surgery area of the burned sector of the Hospital das Clínicas de São Paulo, recommends those interested in plastic surgery to flee miracles, magicians, and misleading advertisements. "The doctor who promises miracles is not a good specialist. Plastic surgery is a specialty created to repair defects and not transform people into models and artists," he explains. Carlos Fontana. Fontana points out that the person who intends to do plastic surgery needs to be aware of the risks of surgery and possible unexpected results. "Like any other surgery, the patient is at risk of anesthesia. (U.S. Food and Drug Administration, n.d.)

Plastic surgery is a specialty in which the patient may not get the expected result," he explains. He says that several patients seek plastic surgery in search of the perfect body, but it is not always possible to make certain changes in the body of the person. "Before performing the surgery, the patient should be aware of the real benefits and risks of the operation," says the head of plastic surgery in the HC burns sector. Surgical intervention is the responsibility of the physician. The president of SBPC states that there is an ethical issue among qualified physicians.

"The surgeons who have a good qualifications and experience only operate on the patients when necessary", warns Luiz Carlos. The head of the plastic surgery area of the HC burns sector in São Paulo says that the number of doctors who operate on patients for the financial benefit of plastic surgery has increased. "Beware of doctors who only work for money," warns Carlos Fontana. Cost The specialists explain that the price of plastic surgery depends on several factors: the professional's template that will perform the surgery, the hospital where the patient will be hospitalized, the team of anesthesiologists and the medical team, the type of operation, and the material to be used in the operation. The surgeon and professor of plastic surgery at the Federal University of São Paulo,

Roberto Rudge Ramos, says that although it is difficult to specify the cost of plastic surgery, the patient should be wary of doctors who charge very low prices. "The low price may be compromising the quality of the surgery and patient safety, because the patient may not be operating in a place that offers the necessary conditions," warns Roberto Rudge. Check out the links below: the types of plastic surgery, the psychological aspect of whether or not to perform plastic surgery, and consumer rights when hiring such a procedure.

Reconstruct the breast, reshape the nose a little, work around the body, reduce the skin that has loosened up with slimming, and smile back to the mirror. There are many reasons that lead a person to resort to plastic surgery. It is a decision that asks for much security and sincerity from you; after all, it must be done for its own benefit and not meet the expectations of other people or a job opportunity, for example.

Awareness about this solution should also be considered by the plastic surgeon. Although it is a topic that leaves many potential patients with plastic surgery of the ear standing, the doctor needs to talk about the risks. But to begin with, let's add this information: According to the Brazilian Society of Plastic Surgery (SBCP), more than 85% of complaints related to plastic surgery are about doctors without a specialist degree.

That is, if we consider that the index of problems with plastic surgery is greater when it is performed by fakers, it is possible that it falls dramatically when we can count on a surgeon affiliated with SBCP. Even so, the probability is not zero, depending on the unique reaction of each organism.

Therefore, it the importance to seek a plastic surgeon who is not afraid to comment on the risks, weighing the pros and cons for the patient. Allied to this, it is the duty of the patient to follow the recommendations pre- and postoperative, contributing to the success of plastic surgery. (Byars & Stanberry, 2018)

References

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