

Professional Code Of Conduct And Ethics In Nursing

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Introduction

Ethics is defined as a set of values, virtues, and principles that enable a person to live a morally good life. Conduct explains a person's actions, moral practices, and standards of behavior. The code advises the public about what they expect from the nurses from a professional point of view. To build a relationship of trust, most nurses have internalized their fundamental principles and core values. There are four core values that make up a code: integrity, respect, trust, and partnership. Nurses cannot fulfill their duties effectively and efficiently without the trust of the public. A code of ethics for nurses was developed with the sole purpose of providing guidance for carrying out nursing responsibilities with quality care and ethics related to their respective professions.

Discussion

Professional ethics is one of the concepts that is familiar in nursing. However, little is known about the professional ethics that have been studied and defined in nursing science. Studies have shown that professional ethics are changing due to certain internal and external factors affecting the profession (Kangasniemi et al., 2015). A study revealed that about 40% of clinicians or nurses remain silent while they are performing operations of giving treatment. Although nurses do not indulge in having large conversations with patients if a patient is a child, nurses make sure to have large conversations to make a child feel comfortable (Lachman, 2014).

The scenario that has been assigned to us is related to 93 93-year-old lady named Mrs. Xerri. She was feeling pain in her abdomen, which caused her to visit a medical center to find out what was wrong with her. Ultimately, her children did not want to let her think more about her problem and urged the surgeon to let her know that everything was right. If we look into the scenario, it clearly violates the code of conduct as far as a surgeon is concerned. He knew that the lady is experiencing enormous pain inside her abdomen that needs to be cured, he should have said to the children that they should let her be admitted to the facility so that she could get cured. As a professional in medicine, it is against their code of conduct to know that someone needs to be treated and let him or her walk away because of their cultural ethics. What if a professional got the news that she died after paying him a visit couple of days ago, definitely it will have some impact on the morality of a professional.

Ethically, the professional behaved well with the patient and her family. The way he coped with the situation was quite good. He respected the cultural ethics of the patient's family. It's not about just

treating the cure, and that's it. It's about how you behave with your patients, how you take care of them, how nurses do their jobs, and how they behave with them, especially children, who need more attention from the nurses. Several studies have been conducted to spot and acknowledge additional worth created by the adoption of nursing standards, and results have shown that these adoptions have proved beneficial as far as nursing practices are concerned (Rocha & Rocha, 2014).

One of the principles for nurses that highly relates to the scenario available to us is a standard that works in partnership with health consumers to protect and promote their well-being. This principle enables nurses to let the patient know what they are about to get and what they need so that they can raise all the possible questions that come into their minds. This standard in the nursing principles was not obeyed in this scenario.

Another standard of nurses explains using the appropriate care while assessing the needs of the healthcare consumer along with implementation, planning, and evaluation of those needs. It is the nurse's foremost responsibility to let the patient know everything about their health; this creates a bond of trust between the nurse and the health consumer. Nurses should keep their professional knowledge up to date. It is very important for nurses to establish a relationship of trust with healthcare consumers by being honest and delivering competent and safe care. Culture includes, but is not restricted to age, race, gender, or occupation. The nurse turning in the nursing care could have undertaken a process of imaging their very own cultural identity and will comprehend their personal subculture has on their expert practices. Harmful cultural practices accommodate any action that diminishes or disempowers the cultural identity of a human being.

Conclusions

A code of conduct and ethics has been developed for performing nursing responsibilities. These codes enable nurses to perform their responsibilities. Many codes provide guidance to nurses in complex matters related to caring for patients, along with education, research, and management. It is true that a person's ethics and the way he or she behaves depicts who he or she is. Development of the code of conduct is an ongoing process. As technology advances day by day, so do the roles and responsibilities in various professions, particularly in nursing.

References

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