How does Spanking Affect the Integrity of Children?

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Parental Discipline and the Use of Spanking

Children are innocent souls. They must be dealt with care, love and affection. However, this is not true in all cases. Parents believe that it is important to shape behaviour and actions of children so that they behave and act in a disciplined way. To achieve this purpose they blow, hit or spank them. Spanking these innocent souls is not the solution to achieve desired outcomes as intended by parents such as controlling their behaviours or disciplining them.

Emotional Effects and Childhood Memories

Spanking leaves a deep impression on the childhood memories. Children who are spanked are fearful and lack confidence. They developed dark memories when they were hit. Spanking or a blow affects the integrity of children. They lose their confidence. Spanking not only hurts the soul of children but it also affects the psychological well-being and gives pain to children who are a victim of it, parents believe that corporal punishments are important to shape children. However, this is not true. Parents can talk and discuss their issues with children and why they behave in a certain way. Spanking is a form of violent behavior adopted by elders or most parents to control their children. Human beings believe that adopting some violent behavior toward children is important to shape their behaviors. Spanking involves hitting children so that they obey the orders of their elders or parents. Violent behavior is a tool used by humans to control others or to compel others to behave in a certain way. However, this kind of behavior towards children not only gives them physical but psychological pain, too. It leaves gloomy memories about childhood, yet childhood is those days when one should have all the joys of life. Spanking is a kind of violent act that parents and elders use towards children to discipline them, yet it affects their integrity, confidence, and mental well-being. Instead of bringing positive results, it leaves a fearful impression on children (Bilenskv, 2006). This book presents its views about what spanking is and why it is practiced. However, the book provides incomplete evidence about reasons why spanking is practiced and what causes it.

Forms of Corporal Punishment

Corporal punishments are defined as giving a blow to children or another to control their behaviors or their actions or to make them disciplined. Spanking is mostly used by parents to shape the behavior of their children. There are many forms of spanking. Hit on the face, hands, legs, or buttocks include some forms of spanking. Spanking is adopted by elders to cause pain to children while avoiding any injury. Spanking adopted by children depends on the age, cultural background, and gender of parents. Research studies show that about sixty-seven percent of parents use spanking as a way of disciplining their children. Parents who are young at age use spanking to control the behavior of their children more often than children of older ages. Mothers use spanking more frequently than fathers. But this difference is too nominal. Parents from the lower and middle classes depend on spanking to shape their children. Research studies show that people living in the southern region are more dependent on spanking to control the behaviour of their children. Spankings lead to profound consequences. It causes aggression and depression among children. Parents who have experienced spanking in their childhood are likely to use the same method of disciplining or managing their children. Spankings make children believe that it is right to treat others with cruelty and that it is acceptable to cause pain to others. Abusive parents tend to spank their children more than other non-abusive parents. Spanking leads to maladaptive behavior in children. Instead of controlling their behavior, it causes their behaviors to be out of control and much more aggressive. Parents use spanking to discipline their children because they depend on informal sources of information received from friends, relatives, or other people in the social circle who tend to speak in favor of spanking to train children. Thus, parents must seek advice from trained professionals about the adverse consequences of spanking and how it hurts the physical and psychological well-being of children (Walsh, 2002). The articles present strong evidence about what kind of impact spanking leaves on children and why parents practice it. The article uses the results of past researchers and presents strong research about what impact spanking leavers have on children and why it must be avoided.

Expert Perspectives and Legal Restrictions

There are many views from experts regarding spanking. Some believe that spanking is safe and necessary for children; however, others believe that spanking is harmful to children. Spanking is banned in about thirty-eight countries as they stand by the view that spanking negatively affects children, and it must be avoided in any case. Spanking has different effects on children. It produces development problems and interferes with the cognitive development of children. Children who are spanked are likely to depend on drugs and are likely to be engaged in substance misuse when they grow up into adults. Children who experience spanking may try to commit suicide, too o. Thus, spanking affects the mental well-being of children. A lot of research has been done that proves that spanking leads to harmful consequences. It does not produce any desirable outcome or a favorable outcome, yet it tends to destroy the dignity of children. Spanking is against the rights of children. It’s a violation of human rights. Spanking must be avoided in any case. Parents need to be taught about

positive methods of training and helping their children to adopt productive behaviors (Afifi & Romano, 2017). The article briefly explains the consequences of spanking without getting into much detail or empirical evidence.

Behavioural Objectives and Developmental Consequences

Spanking is done to achieve two main objectives. The first object is to control, and the second objective is to inculcate fear if someone behaves in a way not desired. Parents who spank children affect their behaviors. Children who are more often spanked tend to obey their children for the time being. But in the long run, they mostly disobey their children and develop much more aggression than those children who aren't spanked by their parents. This article presents limited consequences of spanking and briefly talks about the consequences of spanking (Gershoff, 2014).

Parent Child Relationships and Psychological Harm

Parents are the most important people in the life of children. Children look towards their parents to learn about various things. However, children demand love and affection from their parents. But parents, unfortunately, adopt spanking to make their children act in a certain way. This article precisely yet effectively uses research evidence to explain one consequence of spanking, which is violence. The article proves that children who are spanked more often are likely to be more violent in their behaviors and relationships when they are going to grow up.; adults who express violent behavior towards their partners have experienced spanking in childhood (Storrs, 2017).

Conditional Arguments in Support of Spanking

This article presents a very different opinion than the rest of the articles. The article somehow contradicts the opinions and ideas presented by the articles mentioned above. The article says that spanking is effective only in a few cases. Spanking children for childish behavior is ineffective. Children should only be spanked if they show some willful disobedience. Spanking might produce beneficial outcomes if it is practiced sometimes and only in extreme cases. Childish disobedience doesn't require the need for spanking (PINGLETON, 2014).

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