Health And Social Care Practice In A Society

Posted on October 29, 2019

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Introduction

Health and social care practices in a society and community are essential and instrumental in helping individuals attain sufficient and required care for living a quality life regardless of their ailments. Different kinds of diseases are affecting a significant portion of the population and these patients require special care systems in order to minimize the suffering endured by the affected individuals. In this regard, medication and treatments are provided to the service users by multiple settings of health and social care centers available. In reference to the social and health care centers, several support principles have been established in order to protect the patient's privacy, promote awareness in regard to diseases and social issues, and as well for minimizing hazards and risks for service users.

Principles of Support in Health and Social Care

The main principle of practice is the provision of support to the service users. In regards to an effective and functional healthcare setting, principles of support are applied in a manner that is aimed at maintaining and improving the overall health and well-being of the patients. In ensuring this, social care workers are required to be aware of the patient's health status and well-being as well as respect the patients' personalities and right to access appropriate medical and social care. Other examples of principles of support include universal accessibility and affordability to all service users, as well as equality in service provision. Also, valuing social, economic, and cultural diversity as individuals come from different backgrounds is a key principle of support as it provides a pivotal meeting for service delivery to individuals with diverse backgrounds.

In the case of Victoria, principles of support play an important role in the quest of providing full care satisfaction to the client. This is mainly achieved through the provision of services that reflect and support Victoria's social traditions, customs, and beliefs, which, in her perception, are deemed to be components in ensuring the quality of life. In support of this, social care policies are formulated in a manner that allows the incorporation of different backgrounds and diversities in service care provision based on anti-discriminatory practice.

The application of principles of support is in directing the carer on how to provide sufficient care to patients. The principles dictate the mode of duty of social care workers in reference to different working conditions. The principles provide guidelines that define the relationships between patients

and clients in consideration of mutual feelings. Additionally, support principles are instrumental in nourishing the carers' skills and hence providing them with efficient skills and knowledge, which is necessary for the implementation of their duties in dealing with vulnerable people (Moiden, 2003, p. 100). Health and social care practice gives substantial support to service users by offering privacy and protection by ensuring that the patients remain safe during the whole process of care and service.

Lastly, support principles application results in bringing individuals together and the development of affection between the workers and clients. This is by providing strategies that are efficient in developing a successful environment in the home care systems which are formulated to overcome shortcomings and challenges faced by the clients, workers, and people around. The application of these principles in a society in which the demand for health and social care services has gradually increased gives the workers the essential mandate to serve customers in consideration of changing factors. To conclude, support principles application is important in ensuring quality service delivery as they are based on a group of values of the society that are considered to be generally acceptable and practical for both clients and their respective social care workers.

Safeguarding Vulnerable Adults

In every residential care organization, protecting and preventing colleagues and clients from potential harm acts as the most significant concern. In this regard, Victoria's mother has adopted a series of procedures for the purpose of protecting herself and Victoria from harm. As indicated in the case scenario, Victoria has so far been able to experience the full measures of quality of life, and therefore, this indicates that her carer has effective procedures for counteracting harm she may be exposed to, which might lead to further damages. Normally, vulnerable adults are associated with vulnerable positions, which are subjected to be prone to potential abuse or harm.

In reference to this, the current National Health Service policy dictates that all health service providers fully incorporate the underlined processes and procedures in order to prevent negligence or unanticipated abuse. Based on these NHS policies, service providers are held responsible for their course of action which results in harming their respective clients. Additionally, the enacted NHS policies ensure that the practitioners deliver their services in reference to basic human rights and ensure the protection of confidentiality as well as motivating service providers to take any necessary and appropriate actions to protect the welfare of vulnerable adults.

Legislation and Risk Management

In addition to the NHS policies, government legislation such as the Health and Safety at Work Act was enacted to regulate the working environment and ensure that it's less risky of injury or harm. The Disability Discrimination Act ensures that individuals with disability get access to the required health

care services. Another regulation that safeguards the welfare of vulnerable adults is the Medicines Act, which reduces the risk of wrong medication to service users. This Act ensures that vulnerable adults are given the right prescription, the medication process is done with extreme care, and any discrepancies arising from the process should be immediately reported to the management to take the necessary responsive measures. Management of Health and Safety at Work Regulation ensures that employers and social care workers perform risk assessment procedures in a workplace in order to reduce hazards and minimize the risks to which the service users will be exposed in their course of services.

Person-Centered Care

A person-centered approach is characterized by fulfilling and supporting the wishes, preferences, and needs of the clients. In this approach, service users are motivated to make their own decisions while also preserving their dignity and privacy. This process calls for optimum care through the fulfillment of the client's needs and demands. The sense of individuality commissioned by this approach promotes the mental, psychological, physical and emotional health of the service users. Using a person-centered approach in the provision of healthy and social care is a beneficial approach to promoting better relations among clients and workers. This is supported by the fact that a person-centered approach is instrumental in improving the communication quality between workers and their clients.

Also, as indicated by Milne and Dining (2011), the "person-centered approach is significant in reducing the social isolation which is mostly attributed to vulnerable adults" (p. 44). From the case scenario, Victoria's mother uses this approach to establish a social connection and interaction with her daughter in which she is able to reduce social isolation, which undermines the quality of life. In this regard, this approach is of key importance in improving the well-being of the affected service users as it is the established best possible way of treating individuals right and with social dignity.

The person-centered approach gives extra care to the service users, attaches them to workers and staff, and is institutional in helping the service users to have emotional balance. This is accompanied by shared decision-making in which the client's opinions are taken into consideration. Another benefit associated with this approach is that it provides care satisfaction and cost-saving services, which gives the clients the affordability of quality services in health and social care settings. Additionally, this approach gives the clients a sense of purpose, belongingness, significance, and security during the process of service delivery. This is by providing the client with the confidence of self-identity which is ideal in dealing with vulnerable adults. Lastly, this approach incorporates a conducive and supportive environment in the community with the aim of providing services that are in reference to the community's ideal values and norms.

Ethical Dilemmas in Care Provision

In the provision of health care services, social care workers encounter different ethical dilemmas and conflicts, which are normal in the provision of care, services, and safeguarding of individuals. The main role of healthcare service providers is to offer professional services in relation to the medical and clinical settings. However, some ethical challenges affect the daily operations of service provision, and it becomes impracticable to work with the existence of ethical dilemmas and conflicts.

In reference to service provision to vulnerable adults, ethical dilemmas arise in contrast to the role of the service provider and the opinions, beliefs, and culture of the clients; hence, care workers are expected to adhere to set organizational policies and rules that dictate the margin of solving ethical dilemmas and conflicts (Department of Health, 2017). For instance, a service provider can prescribe a certain medication or procedure for treatment which is in the best possible way but the choice of the client is contrary to the treatment solution prescribed. In this case scenario, an ethical dilemma arises, and hence, alternative measures should be adopted in order to supplement the individuality, dignity, and decision of the client while also providing the best possible care, as it is the responsibility of the care worker to provide essential care to the clients regardless of the situation on hand.

In order to deal with these ethical dilemmas that occur in every healthcare setting, the National Health Service has provided ethical policies and guidelines to which all ethical dilemmas and conflicts are subjected in order to realize a practical solution. In the field of healthcare, the existence of ethical concerns affects the quality of service delivery, and hence, the NHS guidelines are practical in dealing with this type of drawback during service provision. Subsequently, these provided guidelines are under a continuous process of improvement in order to cater to emerging ethical issues in the healthcare service provider.

Professional Codes of Practice

As a new residential care worker, several codes of practice guide the process of service delivery. In this reference, the code for social service workers will be put into consideration in aiding the new social care workers to determine the standards set and the responsibility that is expected in order to improve health and social care practice (Jones and Atwal, 2012). The code reflects the necessary requirements for effective and appropriate service delivery in order to meet the client’s full satisfaction and expectations.

The National Care Standards and the Code for Social Workers are essential for regulation and improvement of the care quality experienced by service users. All the stakeholders involved in social care are required to make an exemplary commitment in order to align with the other Codes of Practice. The NHS and the employers regulate the workforce, and hence, this allows citizens to fully rely on social services that are provided by confident, skilled, and trusted employees.

Rights, Confidentiality, and Safeguarding

This code aids new social workers in promoting and protecting the interests and rights of service users. The code dictates several ways in which social and healthcare workers are required to treat their clients and colleagues, value the decisions and wishes of the service users, promote and support the rights of service users and as well enhance the diversity of different individuals with different backgrounds, values, and cultures.

The code for social workers will enable the new workers to create and maintain the confidence and trust of service users and colleagues. This is by being trustworthy and honest while communicating with clients. Through this code, workers comprehend the need for comprehensive confidentiality in reference to the information provided by service users. Also, these codes teach social workers to be dependable and reliable individuals who can deal with issues concerning conflicts of interest and ethical practice.

This code promotes independence and safeguards the welfare of service users in regard to protecting vulnerable adults from harm and potential abuse. The codes require the establishment of procedures for reporting any form of abuse and discriminatory behavior. Subsequently, the cooperation of workers and clients is enhanced through this code, which the new social care workers are expected to adhere to in the process of Care.

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