

Career Counseling Assessment and Individual Career Plan

Posted on September 15, 2018

Client Profile

The client is a male aged 23 years. He hails from the white majority and is single regarding marital status. The client is also unemployed, though he is a holder of a bachelor's degree. The client holds a bachelor's degree, which is the highest level of education, supported by short-term certificates along the way. Various issues show up during the intake interview. The client likes and dislikes some aspects. This is noted in the intake interview session, in which case the client ignores some questions and responds to others as requested. The values, preferences, and professional assets come out during the interactive session. An overview of the client profile takes the form of a person who adores openness and dislikes lies. The educational background and the experience of the client prove to be the basis for the type of personality he has.

Results Of The Assessments

The personality of the client

The client portrays various aspects regarding personal traits. First, the client is somebody who prefers honesty and dislikes dishonesty. For this reason, the client scores a total of 4/5 marks. From the interview conducted, the client readily agreed to the questions posed to him, representing him as an agreeable person. He, therefore, scores highly as well in the agreeableness criteria. The client also portrays the character of a person who remains cautious in all the decisions that he makes and thus scores highly in the conscientiousness form of personality. The client illustrates a jovial character and is less moody, thus scoring low in the neuroticism form of a personality trait. The client scores highly in the aspect of extroversion, indicating that he is very concerned about the activities that happen beyond his control. The client, as a person, is not selfish and thus illustrates a concern about the way he gets involved in the issues affecting other people. The client is, therefore, not self-centered but directed by the needs and wants of those around him.

Values

The client illustrates various forms of values during the intake interview. In this case, the client proves to be loyal in that he commits himself to the seniors and friends, irrespective of the prevailing

conditions. The client is an honest individual who considers telling the right thing at all times and, thus, in turn, dislikes telling lies. The client is a consistent individual, as the education records show. The client underwent the educational courses one after the other and thus considers the continuity of all that he does. From the interview, the client shows the ability to be open-minded. In this regard, he illustrates the ability to think beyond the confinements of the book in the determination of the best solution to a challenge (Sampson et al., 2015). From the records provided by the client, he seems to be quite reliable based on his deep level of information and experience. The client confirms verbally that he looks forward to being available as and when required. He is also a committed individual and gives his best when he has a task at hand. The high performance in academics and internships shows that the client is one that is quite committed to his role. He also explains the signs of being a person who adores efficiency at all times. As such, he always aims to attain the right thing the first time.

Interests

The client portrays various interests from the interview. First, he indicates that he likes being creative with ideas that can be converted into business. This illustrates an interest in being an entrepreneur. Also, the client expressed an interest in drawing, which is in the category of artistic work (Kim 2017). The excitement for the drawings is gotten from the evidence provided by him during the interview of the previous pictures. The client likes participating in charitable works, as he describes his previous experiences in such activities. Finally, the client is interested in investigating some particular issue. For instance, the client claims that he admires the work done by investigative journalists regarding matters affecting the community. He is, therefore, keen on all that happens around him to differentiate lies from the truth.

From the results, the client seems to be an all-around person. He, therefore, serves well in the various areas of work. Owing to the provisions identified in the interview, he can be a reliable employee at all times. Besides, the client may venture into his own business in case he is not able to secure formal employment.

Appropriateness of the inventories assets and assessments

The identified aspects of the client make him suitable for various forms of working environment. He is likely to be trained efficiently and fast due to the experience gained over the years. Also, the values and interests he uphold provide an avenue for effective training and, thus, better building of his career.

Professional assets

The client holds a bachelor's degree in accountancy. In this regard, he can make a pleasant accountancy clerk before the advancement of his career. Also, the client has undertaken various short

certificates relating to social responsibilities and community development (Dozier et al., 2015). From the experience cited by the client under consideration, he holds sufficient experience working as an assistant clerk in a charitable organization during the school holidays. This adds to the client's experience and knowledge.

Career Options

Chief Accountant

This is a career that calls for a high level of integrity and honesty. Also, it calls for the commitment of the responsible person, and it involves complicated computations and maintenance of records. Also, the job requires a high level of professionalism. The client fits the job as he adores integrity and also has a suitable educational background in accountancy. Therefore, he has the necessary knowledge to build a career in this field.

Finance manager

This is a job that closely relates to the accountancy career. It is an involving career that calls for the commitment of the responsible person. The client has all the qualities useful for building the profession. For instance, the client adores honesty, which is fundamental in the provision of the right information and refraining from possible collusion.

Individual Career Plan

Profile of the client

The client requires commitment, a high level of integrity, and consistency. The client under consideration illustrates that he is reliable and has all the necessary educational background information to venture into the career build up.

Goals

The main goals include putting into practice the values as well as personality traits required for the chosen career. Another goal is to match the learned aspects of real-world occurrences (Stead et al., 2016). Another primary goal entails the assessment of the effectiveness of the career from time to time. The ultimate goal is to become the professional that one has always wanted to be.

Action plan

One of the action plans entails attending all the provided training regarding the career. Working as a team in the attainment of the set objectives is another necessary action plan. Another action plan is to observe the timeline provided for the entire training session.

Personality reflection

From the exercise, one learns various issues regarding being a peer counselor. In this case, one learns that he can offer useful guidance to a deserving individual. Also, various limitations show up. Some of the limitations include the small amount of information regarding all the career opportunities that exist for every client.

References

- Dozier, V. C., Sampson Jr, J. P., Lenz, J. G., Peterson, G. W., & Reardon, R. C. (2015). The impact of the Self-Directed Search Form R Internet version on counselor-free career exploration. *Journal of Career Assessment*, 23(2), 210-224.
- Kim, H. (2017). Academic Major Based Differences in Effects of a Career Exploration Program for the First Year College Students. *International Information Institute (Tokyo). Information*, 20(4B), 2845-2852.
- Sampson, J. P., Peterson, G. W., Osborn, D. S., & Hayden, S. C. (2015). Using Career Theory to Integrate Qualitative and Quantitative Career Assessment. In *Career Assessment* (pp. 181-190). SensePublishers, Rotterdam.
- Stead, G. B., Schultheiss, D. E., & Oliver, A. (2016). A review of assessment in child career development. *Career Exploration and Development in Childhood: Perspectives from Theory, Practice and Research*, 143.