A Client in the Acute Inpatient Facility

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Introduction

The client under consideration is called John. Various reasons rally behind the need for John's admission to the acute inpatient facility. The primary reason for the admission is due to the deterioration of his health condition, as portrayed by various symptoms. The journey to their current situation of John has been long since he was a teenager. John has been admitted to the acute inpatient facility, as it seems impossible to remain outside. This is because the inpatient facility will offer better support in terms of medication as well as counseling. The form of medication offered to John is mixed up as his condition touches on physical and mental health. The fact that John suffers both mentally and physically makes his condition critical (White et al., 2017). It is, therefore, dangerous to have John staying in the outside world as he poses a threat to his life as well as that of others. For instance, John can be observed as a person who has turned out to be quite temperamental, which could result in attacks against the people he interacts with. The diseases that John battles touch on his mental, physical, and psychosocial stability aspects (Hyde et al., 2015). To make matters worse, history shows that John has become addicted to the abuse of drugs and considers taking them rather than enjoying them in any other form. This is, therefore, a complicated situation that cannot be, in any case, attended to from home. John requires the assistance of a psychiatrist due to their mental challenges (Klee et al., 2016). On the other hand, he requires a medical doctor to cater to the deteriorating physical health of the client. John also requires the attendance of a counselor to get back to the social life that is led by a normal person.

Assessment Of John's Physical, Mental, and Psychosocial Health

Assessment Of Physical Health

John's physical health is in question. This is due to the various aspects that he has portrayed recently. First, John has lost the ability to walk upright as he used to in the past. This means that he must be suffering from a disease that affects the walking system. In a close examination, it was discovered that the inability to walk well and use his legs as well as hands results from the various injuries that he acquired in various occurrences (Beasley et al., 2016). For instance, John's life before getting admitted was full of violent cases, with some getting beaten and some beating other people (Elbogen & Graziano, 2016). John got serious bruises on many occasions, but unfortunately, he did not make the effort to get medical attention. For this reason, the injuries became a problem for the proper

functioning of the body.

Also, John is not able to eat properly as men of his age do. This is an indication that he has lost his appetite for food. Thus, the food system must have some complications, leading to the loss of appetite (Bucher et al., 2016). For a long time, John never took even the common medication, such as deworming. It is probable that the problems have accumulated and led to the loss of appetite. Due to the low food and water intake, John has illustrated the signs of slimming at a very fast rate (Habib et al., 2015). This means that there are needful substances that are lacking in the body of the client.

During the eyesight assessment, it was also discovered that John's eyesight has decreased with time. According to John, the inability to see effectively began after getting too much into alcoholism and other forms of drugs. It is, therefore, possible that the abuse of the drugs poses a threat to John regarding being ability to see clearly. An attempt to give medical spectacles to John bore no fruit in the past, as he later broke them after engaging in a quarrel with a family member (Gandhi et al., 2017). The effects of looking for an alternative have been futile, as John threatened any person coming to his rescue.

John also suffers from breathing complications from time to time. Therefore, he has to make use of breathing aids from time to time to prevent the possibility of suffocation. Before getting admitted, the situation was worse as John would faint anytime he had breathing complications (Cai et al, 2018). However, being admitted has made things better, as breathing aids are always available and reliable. According to John's confession, he had been smoking tobacco for a long time (Faye et al., 2016). This could, therefore, be one of the main reasons that he suffers from breathing problems due to the possible destruction of the lungs and the entire breathing system (Bartels et al., 2018). The admission provides a chance for John to be rehabilitated from such behaviors to save their breathing system. The admission also offers a good chance for John to be able to regain the lost health aspects.

Mental Illness

Various aspects indicate that John suffers from a mental disorder. There are various medical disorders that John has been diagnosed with, thus complicating his health further. First, John is diagnosed with a mood disorder. In this case, he has been diagnosed with the disorder of having his moods change abruptly, at times without any cause (Ture et al., 2017). He has also been diagnosed with schizophrenia. In this case, it is indicated that he suffers from the inability to think clearly, resulting in unclear behavior as well. This diagnosis includes the inability to have clear feelings and get lost in what he feels (Sakhvidi et al., 2015). This has led to lots of confusion all along. John also suffers from a Drug-related disorder, which case he has also been diagnosed with. The drugs that John has taken in his life, especially the hard drugs, have major impacts on his mind and affect his ability to behave clearly. The client also suffers from an anxiety disorder, in which case he gets anxious for small matters or even for nothing. It has, therefore, been considered fit to diagnose him for the same problem. John has also been diagnosed with dementia, which represents the loss of memory (Gühne

et al., 2015). Signs have been conspicuous that he suffers from loss of memory due to the ease of forgetting small matters after a short period (Zarea et al., 2017). John also suffers from impulse control disorder. This is because he is not able to control his temper whenever he gets slightly angry (McKee et al., 2018). As part of his health complications, his health has taken a turn for the worse. John suffers critically from a personality disorder. This is because he doesn't have the ability to determine right from wrong, as accepted in society (Sande et al., 2017). For this reason, he has engaged in assault cases in the past and never thought of being remorseful, as he considered it the right thing to do.

Psycho-Social Health

In this case, John seems to suffer as well. He is unable to determine if he is healthy or not. The admission comes after being forced to seek medical attention in the hospital. This is an indication that he does not have the ability to determine if he is sick or healthy on his own (Bunyan et al., 2017). He is not able to determine what history provides regarding whether a person is healthy or sick. He, therefore, suffers from the psychological inability to think effectively and draw the right conclusion regarding his personal health.

Vulnerabilities And Strengths

John is vulnerable to himself. This is because he may be tempted to harm himself to the extent of thinking of taking his life away (Russell et al., 2016). On the other hand, he is also a threat to the rest of the people. This is because he can easily attack those around him whenever he gets angry. He poses a risk to the family members and the rest of the people due to his violent character (Wells 2017). Also, John is vulnerable to addiction. In this case, John is already an addict and has been doing drugs for a long time. For this reason, staying away from the inpatient facility would render him back into doing the drugs, thus deteriorating his health further.

John's strength is mainly exhibited physically. This is seen in his ability to fight off people with aggressiveness. In many cases, John illustrates lots of strength when he gets angry. However, side 3 of strengths is quite limited due to poor health conditions.

Conclusion

It is clearly evident that John is seriously suffering and requires being in an inpatient acute admission facility. Various symptoms illustrate that he is unhealthy physically, mentally, as well and psychosocial. For instance, the frequent loss of memory, abrupt changes in mood, hot tempers, and other aspects indicate that he suffers mentally. On the other hand, the slim body, poor walking style, loss of appetite, and poor eyesight illustrate unhealthy physical conditions. Considering that John is unable to determine that he is sick until the time he is forced into the hospital, this indicates that he is

psychosocially unhealthy. The combination of all the above factors makes John's condition critical. It is, therefore, paramount that he remains in the acute inpatient facility for as long as he gets better.

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